



Tai Chi - Qigong - Meditation

Relaxing and Balancing Mind, Body and Spirit

**Venue: The Cheviot Centre
 12, Padgepool Place
 Wooler, NE71 6BL**

Weekly open classes, everyone welcome

**Tuesday afternoons from 22 September 2015
 2pm until 3pm**

Fee: £6 per class - 1st introductory session FREE

Please, contact Hazel for further information, details below:-

Telephone: **M - 07468 171 786**

email: hazelhunt900@gmail.com

Hazel Hunt SRN TCUGB

Advanced level teacher member of the Tai Chi Union for Great Britain, 18 years' experience